



**Hong Kong Satir Center
For Human Development**

**“If Depression is the Solution,
What are the Problems?”**

– *A Live Presentation on Family Therapy
Using the Satir Model*

(4PS-08)



Dr. John Banmen

Date: 27 Oct 2008

(The Center is a registered charitable organization. All the Board members and Helpers work on voluntary basis.)

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Depression

- λ result of mismanagement of experiences, a pattern of suppressing feelings and a depletion of energy.....
- λ dysfunctional solution to numerous internal negative experience and struggles triggered from outside.....

Satir Model

- λ symptom is not the problem, coping is the problem.....
- λ more positive solution instead of depression is possible.....
- λ works interactively and intra-psychically with depressed person.....

Trainer: Dr. John Banmen, R, Psych.

- λ Has established an international reputation as an author & educator, mainly training family and psychotherapists
- λ A long time colleague of Virginia Satir
- λ Had taught at the University of Manitoba as Sessional Instructor, at the University of British Columbia as Associate & Adjunct Professor, at the University of Hong Kong as Honorary Associate Professor
- λ Currently in private practice as psychologist & family therapist in Delta, BC, Canada
- λ Is the Director of Training of the Satir Institute of the Pacific
- λ Is an Approved Supervisor of AAMFT
- λ Sitting on the Board of Directors of The Virginia Satir Global Network and the International Family Therapy Association
- λ Co-authored “The Satir Model: Family Therapy and Beyond” in 1991
- λ Authored “The Use of the Satir Model in Treating Suicide Clients” (Training Manual) in 2004
- λ Editor, Meditations of Virginia Satir (2003)
- λ Editor, Application of the Satir Growth Model (2006)
- λ Editor, Satir Transformational Systemic Therapy (2008)

Content

(A) Lecture

- λ How depression serves as a natural dysfunctional solution to not having one’s yearning met?
- λ How professionals work with the depressed person instead of the symptoms?
- λ What are the essential elements of transformational change of the Satir Model in working with depressed person?

(B) Live Demonstration

- λ Live demonstration of family therapy working on depression

(C) Debriefing

- λ Explanation of the demonstration
- λ Questions and answers

Targets

- λ Interested public
- λ Helping professionals



Details

Date: 27 Oct 2008 (Mon)
Time: Book Sales - 6:30pm; Seminar: 7pm-10pm
Venue: Jockey Club Lecture Theatre, 1/F,
Olympic House, 1 Stadium Path So Kon Po,
Causeway Bay, Hong Kong (*See Map*)

Parking: Not available

Registration Fee

Early Bird Rate (per ticket)
(Registered on or before 27 Sep 2008)

*Member: \$220

Non-Member: \$240

Regular Rate (per ticket)

(Registered after 27 Sep 2008)

*Member: \$240

Non-Member: \$340

Group Rate (3 tickets or above)

(Registered after 27 Sep 2008)

\$240 each

*member rate applies only to members with
valid membership on or before 25 Oct 2008

Language

Cantonese (English presentation & demonstration
by Trainer to be translated into Cantonese)

Certificate of Attendance

Issued upon request before the presentation at
reception counter; no request for certificate
would be entertained after the presentation

Map of Presentation Venue



4PS-08 Registration Slip

- ❖ Please register by sending the registration slip with crossed cheque payable to “**Hong Kong Satir Center For Human Development Ltd**”. Registration would proceed only upon full payment.
- ❖ Registration is not refundable.

Name (Eng) Mr./Ms. _____ (Chi) _____

Member Code _____ Occupation _____

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Contact No. _____ E-mail _____

Contact person in case of emergency: Name _____ Tel _____

- ◆ I have read this brochure. I understand and agree to the program arrangement.
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Office Use: Cheque # _____ / _____ Amount HK\$ _____ Receipt # _____
Date _____ Staff _____ Remarks _____