

Hong Kong Satir Center for Human Development and Satir Institute of the Pacific
Jointly Present

Professional Counseling Certificate Course

Using Satir Transformational Systemic Therapy 2011-2014

(Course Code: PCCC IX)

Trainers:

Dr. John Banmen

Dr. Marie Lam

(Assisted by Facilitators of PCCC IX)

Course Commencement Date: 16 Dec 2011

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Organizers



Satir Institute
of the Pacific

Satir Institute of the Pacific (SIP)

SIP is an educational institute in Canada. It works to promote the experience and learning of the Satir Model for personal and professional growth of individuals since 1998. It develops the curricula leading to certification for professional expertise in the Satir Model. It also devotes efforts on research and study of the Model. The institute has been co-working with HKSC these years to develop the Professional Counseling Certificate Course.



Hong Kong Satir Center for Human Development (HKSC)

HKSC is a registered charitable institution. It works to promote and develop the Satir Model and other humanistic approaches in counseling and therapy in Hong Kong since 1989. It also provides services like personal growth workshops, professional training, counseling, supervision, publication and sales of Satir books and other educational resources. The Center initiates the Professional Counseling Certificate Course since 1997 and has trained up nearly 300 Satir counselors throughout these years.

Trainers



Dr. John Banmen

- ◆ Doctorate in Counseling Psychology from the University of Wyoming, USA.; Master in Counseling Psychology, Bachelor in Clinical Psychology and Bachelor in Education from the University of British Columbia, Canada
- ◆ Registered Psychologist and Registered Marriage and Family Therapist (RMFT)
- ◆ Having established an international reputation as author, therapist and educator devoting in training the family and psychotherapists in eleven countries; Being considered as one the world's foremost Satir therapists and trainers; A long-time colleague of Virginia Satir
- ◆ Approved Supervisor of American Association for Marriage and Family Therapy (AAMFT); Director of Training of the Satir Institute of the Pacific; Private practice as psychologist and family therapist in Delta, BC, Canada; Member of the Canadian and American Psychological Association; Had been the Deputy Minister of Corrections and Rehabilitation in Manitoba, Canada
- ◆ Had taught as Sessional Instructor at University of Manitoba, as Associate and Adjunct Professor in University of British Columbia and as Honorary Associate Professor in University of Hong Kong; Currently serving as International Psychological Consultant in Capital Normal University, Beijing, China; Consultant of the Satir Model Research and Development Center of the Shanghai Psychological Counseling Association of Higher Learning, Shanghai, China
- ◆ Has sat at boards of the Virginia Satir Global Network (formerly Avanta), International Family Therapy Association, American Association for Marriage and Family Therapy and British Columbia Psychological Association
- ◆ Authored "The Use of the Satir Model in Treating Suicide Clients"; Co-authored "The Satir Model: Family Therapy and Beyond"; Edited "Meditations of Virginia Satir", "Application of the Satir Growth Model", "Satir Transformational Systemic Therapy" and "Virginia Satir...In Her Own Words"



Dr. Marie Lam

- ◆ PhD in Therapeutic Counselling from The Open International University for Complimentary Medicines and Medicine Alternative Institute Sri Lanka; Master Degree in Public Health from UCLA (University of California, Los Angeles); Bachelor Degree in Science from Fu Jen University, Taiwan
- ◆ Experienced in leading personal growth workshops and professional training in Cantonese and Mandarin in Hong Kong, Taiwan, China and South East Asian countries; Committed to offer counseling and supervision for years; Working as interpreter for other master trainers for holistic education in workshops
- ◆ Approved Clinical Supervisor and Senior Counselor of Hong Kong Satir Center; Clinical Member of Satir Institute of the Pacific; Life Member of Virginia Satir Global Network; Member of Canadian Counseling Association and The International Family Therapy Association.
- ◆ One of the founders and current Director of the Board of Hong Kong Satir Center; Ex-Director of Shiuh Li Lih Memorial Foundation and Taiwan Satir Center
- ◆ Translated works includes "*Meditation & Inspirations*", "*The Satir Model, Family Therapy and Beyond*" and "*Satir Transformational Systemic Therapy - Sample Iceberg Process Questions of the Satir Model (A Beginner's Manual)*"

Focus of the Course

To train up competent counselors using the Satir Model in counseling, with the following goals:

- ◆ Facilitate the client's transformation
- ◆ Enhance the client's choice-making
- ◆ Support the client to take responsibility over his/her behavior, thinking, feelings and expectations
- ◆ Help the client to achieve high self-esteem for inner peace
- ◆ Help the client to cope better with the impacts from specific adversities and issues in life

Format of the Course

To develop the trainee's competence to assess and manage the case with knowledge and skills of the Satir Model through:

- ◆ Demonstration
- ◆ Lecture
- ◆ Group Discussion
- ◆ Experiential Learning
- ◆ Study of Skills

Goals of the Course

1. Develop the following competence and congruence:

- ◆ Beliefs of the Satir Model
- ◆ Make use of the Satir Model for positive change
- ◆ Competence in therapy
- ◆ Differentiate "support", "problem-solving" and "transformation"
- ◆ With high awareness to demonstrate respect, equality, self-determination, responsibility, high self-esteem and congruence

2. Develop following general skills of the Satir Model:

- ◆ Connect with client and develop rapport with client
- ◆ Identify coping stances
- ◆ Set clear goals with treatment plan
- ◆ Understand the essential elements of transformational change in working with clients
- ◆ Work beyond "problem-solving"; work on the impacts on the client
- ◆ Transform problems into positive directional goals and work on change
- ◆ Make use of "iceberg" and ideas of family systems in assessing the presenting problems
- ◆ Make use of "sculpting" to present the intra-psychic and inter-personal dynamics of the client
- ◆ Help client to connect with, accept and make use of his/her internal resources
- ◆ Help client to work on unmet expectations

3. Facilitate the client work through the following specific issues with the Satir Model:

3.1 Clients suffered from suicidal thoughts:

- ◆ Assess the warning signs of suicidal act
- ◆ Make contact and set goals with suicidal clients
- ◆ Move into their internal worlds to help them resolve unmet expectations and meet their yearnings
- ◆ Help suicidal clients to be less reactive to external triggers

3.2 Clients suffered from depression:

- ◆ Understand depression as a dysfunctional solution of unmet yearning
- ◆ Empower the depressed person to deal with the issues

3.3 Clients suffered from grief and loss:

- ◆ Explore the conflicting emotions during grief
- ◆ Help clients in charge of their feelings than being overwhelmed or withdrawn during grief
- ◆ Free the client from the conflicts during grief
- ◆ Help the client accepting their sense of loss

3.4 Clients suffered from trauma:

- ◆ Understand the impacts of trauma on feelings, perception, expectation and behavior
- ◆ Look into how the body holds traumatic memories and help the client to release the traumatic energies
- ◆ Explore the important role of spirituality in the healing process

Target Group

Helping professionals with a Bachelor Degree (or the equivalent), like:

- ◆ Social worker
- ◆ Psychologist
- ◆ Counselor
- ◆ Teacher
- ◆ Doctor & Psychiatrist
- ◆ Nurse

(Applicants should go through an interview. Priority would be given to those with prior Satir workshop experience. Applicants should attach relevant certificates and documents for consideration.)

Maximum Enrollment

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Accreditation

(Please visit www.hksatir.org for updated progress of application for accreditation.)

CME Credits by Hong Kong Academy of Medicine

Application for CME Points in process

Certificate

Professional Certificate will be jointly issued by Hong Kong Satir Center and Satir Institute of the Pacific upon satisfactory completion of the course with a pass in the assessment.

Language

- ◆ Cantonese and English (with consecutive Cantonese interpretation)
- ◆ Written assignments can be completed in either Chinese or English

Course Book (Gratis)

Satir's Systemic Brief Therapy Training Program, Counseling Training Workbook for Professionals

Reference (Available for sale in HKSC)

- ◆ The Satir Model: Family Therapy and Beyond
<<薩提爾的家族治療模式>>
- ◆ The New People Making
<<新家庭如何塑造人>>
- ◆ Satir Transformational Systemic Therapy - Sample Iceberg Process Questions of the Satir Model (A Beginner's Manual)
<<沙維雅的系統轉化治療－沙維雅模式冰山歷程提問範例（初學者手冊）>>
- ◆ Satir Transformational Systemic Therapy

Video Taping

Process of the workshop would be video taped for purposes of record keeping, evaluation and teaching by HKSC; and for review by course participants in the Center.

Fee

Registration Fee

HK\$120

Tuition Fee (including parts I, III, IV & V)

One-off Payment : HK\$27,000 (Member*) HK\$33,750 (Non-member)

(Payment is due on or before the date specified on the Center's notification of acceptance)

By three-installments : HK\$10,000 (Member*) for each installment

HK\$12,500 (Non-member) for each installment

(Payment is due before CP1, CP2 & CP3)

Exam Fee

HK\$1,500 (Registration & payment for exam are due at CP4)

(*please download the membership form from www.hksatir.org for membership application)

Course Schedule

Details		Date/Time	Minimum Requirements for Graduation
Part I (First Stage) Trainer : Dr. Marie Lam	Counseling Practicum (CP1-11) - Hours: 21 - Venue : to be announced	16 December 2011 (Fri) (7:00-10:00pm) 17 December 2011 (Sat) (10:00am-9:00pm) 18 December 2011 (Sun) (10:00am-9:00pm)	At least 17 hours of attendance per Practicum
	Counseling Practicum (CP2-12) - Hours: 21 - Venue : to be announced	18 May 2012 (Fri) (7:00-10:00pm) 19 May 2012 (Sat) (10:00am-9:00pm) 20 May 2012 (Sun) (10:00am-9:00pm)	
Part I (Second Stage) Trainer : Dr. John Banmen	Counseling Practicum (CP3-12) - Hours: 21 - Venue : to be announced	12 Oct 2012 (Fri) (7:00-10:00pm) 13 Oct 2012 (Sat) (10:00am-9:00pm) 14 Oct 2012 (Sun) (10:00am-9:00pm)	
	Counseling Practicum (CP4-13) - Hours:21 - Venue : to be announced	12 Apr 2013 (Fri) (7:00-10:00pm) 13 Apr 2013 (Sat) (10:00am-9:00pm) 14 Apr 2013 (Sun) (10:00am-9:00pm)	
	Counseling Practicum (CP5-13) - Hours: 21 - Venue : to be announced	3 days in year 2013 (Most likely to be held at weekend)	
Part II Trainers: Trainers of HKSC	Personal Growth Experiential Workshop: Two personal growth workshops organized by HKSC before CP4-13. (Registration & extra payment required)	<ul style="list-style-type: none"> - Application for exemption of one experiential workshop may be possible for those who have attended the experiential workshops recognized by HKSC (at least 3.5 days; 6 hours/day) since December 2009. - Those who have never attended “Exploring the Satir Model of Family Therapy for Personal and Professional Development (LV1)” run by HKSC are advised to attend this course before CP3-12. (Please visit www.hksatir.org for details of this course and information of other workshops.) 	At least 80% attendance of the workshop
Part III Facilitators: Facilitators of PCCC IX	Trio - Trainees will form trios themselves.	December 2011 to December 2013 (Exact date and time to be fixed among the trio members)	At least 12 three-hour meetings
Part IV Facilitators: Facilitators of PCCC IX	Fieldwork Practice	June 2012 to December 2013	At least 60 sessions

Part V Facilitators: Facilitators of PCCC IX	Peer Group Supervision - Trainees will be formed into groups for supervision.	June 2012 to December 2013 (Exact date and time to be fixed among the group members)	At least 8 three-hour peer group supervision
PCCC VI Counselors: Counselors of HKSC	Experience of being Counseled - Trainees have to seek counseling in HKSC. (Registration & extra payment required.)	December 2011 to December 2013	At least 6 sessions
Part VII	Written Assignment	Submitted on or before 15 January 2014	Full Completion
Part VIII Examiners: Examination Panel	Graduation Interview - Those assessed qualified to sit for exam are required to sign up and pay for the exam	Year 2014 (Dates to be fixed)	Duration of Interview: at most 2 hours Content: - Verbal Examination - Presentation of video-taped counseling session

Registration

1. Please fill in and submit the Registration Form to HKSC with copy of documents on occupation, academic qualifications, relevant experience as volunteers in helping profession and prior Satir workshop attendance on or before 30 June 2011, with an enclosed cheque of HK\$120 as the registration fee. Crossed cheque should be made payable to “Hong Kong Satir Center for Human Development Limited”.
2. Applicants who satisfy the registration requirements will be arranged to go through a selection interview. Admission results will be announced by 17 October 2011.
3. In case of withdrawal from the course after admission, the applicant would be refunded 90% of the tuition paid. More details regarding withdrawal from the course would be announced in due course. There would not be refund of the registration fee or membership fee in any case of withdrawal.
4. HKSC reserves the right to cancel the course in case of low enrolment or in particular conditions. Should this situation happen, the Center will fully refund the registration fee and the tuition fee paid, excepting membership fee.
5. HKSC also reserves the right to replace the trainers in view of unforeseeable conditions. The course would continue and HKSC shall not make any refund in such situation.
6. HKSC reserves the right to terminate the participant’s attendance if his/her behavior imposes threats to other participants and affects the normal implementation of the course.

Hong Kong Satir Center & Satir Institute of the Pacific
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Registration Form

Personal Particulars

Name (Eng) _____ (Chi) _____ Sex: M/F* Age _____
 Tel (Home) _____ (Off) _____ Mobile _____ Fax _____
 Membership Code _____ E-mail _____ Address _____

Contact Person in case of Emergency : Name _____ Tel _____

** cross as inappropriate*

Registration Requirements

Item	Occupation	Relevant Experience as Volunteer (in helping profession, if any)	Academic Qualification
Please fill in relevant information or insert ✓ in box, as appropriate	Please specify:	Please specify:	<input type="checkbox"/> Bachelor (Major in: _____) <input type="checkbox"/> Bachelor or above (Major in: _____) <input type="checkbox"/> Equivalent (Please specify: _____)
Copy of Documents (please insert ✓ in box if attached)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> Bachelor <input type="checkbox"/> Bachelor or above <input type="checkbox"/> Equivalent

Satir Experiential Workshop Experience (At least 3.5 days, 6 hours/day)

Workshop Name (since December 2009)	Date	No. of Days	Trainer	Organizer	Copy of Document (please insert ✓ in box if attached)
					<input type="checkbox"/>

I would like to apply for exemption of one of the two experiential workshops required for graduation. (please insert ✓ in box if applicable)

Other Satir Training Experience (please insert ✓ in box as appropriate)

I have attached copy of documents on other Satir Training Experience for the Organizers' consideration of my application.

Declaration

- ◆ I have carefully read the brochure. I understand the course and registration arrangement.
- ◆ I understand that this course is of educational nature rather than for therapeutic purpose. I may be triggered by my past experience during the process. I will take the responsibility to seek professional help in case of need.
- ◆ I understand that the above personal data are collected for the purpose of registration and matters related to this course. I have the right to access and make amendment with written request in accordance with the provisions of the Personal Data (Privacy) Ordinance.

Payment of Registration Fee

Crossed Cheque No. _____ / _____ Amount HK\$120 Signature _____ Date _____

Office Use

Cheque No. _____ / _____ Amount of Registration Fee HK\$120 Receipt No. _____
 Date _____ Staff _____ Remarks _____

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