



**Hong Kong Satir Center
For Human Development**

Relationship Workshop

(RW-10)



Dr. Maria Gomori

Date: 11 Mar - 14 Mar 2010

**(Workshop is conducted in English,
with Cantonese interpretation.)**

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**(Hong Kong Satir Center is a registered
charitable organization. All the Board Members
and Helpers work on voluntary basis.)**

Virginia Satir

Is one of the major pioneers in the development of family therapy. She is often referred to as “Everybody’s Family Therapist”, and the “Columbus of Family Therapy”. Satir based her approach on personal growth rather than illness. She focused on health & healing of the individual human spirit by connecting with universal life force.

Trainer—Dr. Maria Gomori

(Ph.D., M.S.W., Dip.C.)

- Established an international reputation as an inspiring teacher & therapist
- Well known in her teaching for her unique & creative integration of abundant life experience & rich learnings from her great teachers, in her teaching
- Has made significant contributions to psychiatric & social work training
- Worked intensively with Virginia Satir for over 20 years
- With long & disciplined background in the field of family therapy
- Approved Supervisor with the American Association of Marriage and Family Therapy (AAMFT)
- Retired Associate Professor with the Faculty of Medicine at the University of Manitoba
- Faculty member and advanced trainer at the Virginia Satir Global Network (formerly Avanta) since 1981

Maria’s remarkable life is documented in her biography “Passion for Freedom: Maria’s Story.” In 2008, Hong Kong Satir Center published her recent book “Personal Alchemy, the Art of Family Reconstruction” co-authored with Eleanor Adaskin.

Outline of Content

Relationship is the most important aspect of living. We can develop illness when being isolated & can be healed in nurturing relationships. Human beings want to be loved, valued, recognized & connected. This is universal & manifested in relationships. We feel valued from the comments & experience in relationship. We can connect with others on the basis of sameness & grow from being different. We have resources for responsible choices in the relations.

In the workshop, we will explore the followings in a bid to enhance the relationship (close friends, spouse, siblings, family members or partners with intimate relation etc):

- what love, intimacy & relationship is
- how to love, know each other, take care of self & others; & be personal
- how to develop a curiosity for others & learn to appreciate others
- how to recognize everyone’s uniqueness
- how to embrace differences & honor sameness
- how to develop trust & safety in relationship
- how to be responsible & sensitive in responding to others
- how to share expectations
- how to share vulnerabilities & set up vulnerability contract
- how to reveal, share & transform the learnings from childhood, that is no longer useful in present relationships
- how to commit to discover self & the other
- how to transform rules into guidelines
- how to communicate with your partner in congruent way, building bridges instead of walls
- how to confer the spiritual meaning of the relationship

Method of Teaching

Demonstration, experiential exercises, discussion & practice in small groups facilitated by interns

Target

- (a) Those interested in personal enhancement or resolving conflicts in relationship &
- (b) Those having prior Satir workshop experience in workshop recognized by the Center and knowing coping stances and family rules

Remarks:

- (a) Participants should join as a group (2 persons or more). Group of 3 or above can enjoy more discount. (Your partners can be your close friends, spouse, siblings, family members or someone having intimate relationship with you and both of you are having the goal to understand and enhance the relationship with each other.)
- (b) Participants are recommended to bring along with the family map.

Reference

Reference (Books available for sale in Hong Kong Satir Center):

- (a) *The New People Making* by Virginia Satir
- (b) *The Relationship Garden* by Jock McKeen & Bennet Wong

Other Details

Date: 11-14 Mar 2010 (Thu to Sun)

Time:

Date	Workshop	Assignment
11 Mar 2010 (Thu)	10am to 5:30pm	5:30pm to 7:00pm
12 Mar 2010 (Fri)	10am to 5:30pm	5:30pm to 7:00pm
13 Mar 2010 (Sat)	10am to 5:30pm	5:30pm to 7:00pm
14 Mar 2010 (Sun)	10am to 5:30pm	NA

Venue: 25/F, The Hong Kong Federation of Youth Groups Building, 21 Pak Fuk Road, North Point, HK

No. of Seats: 48

Certificate: Certificate of attendance granted for those having at least 80% (3 full days) of attendance in the course.

Language: English (with Cantonese interpretation)

Videotaping: The workshop process would be video taped for purpose of record, evaluation, training, publication & future study by trainer, interns & participants.

Tuition Fee (including workshop & assignment)

	Member (with at least one member)	Non Member (all non-members)
Group with 2 persons	\$3,900 per head	\$4,900 per head
Group with 3 persons or above	\$3,500 per head	\$4,400 per head
*Family Group with 3 persons or above	\$3,000 per head	Not Applicable

* Applicable to group with immediate members of family; e.g. parents and children, siblings.

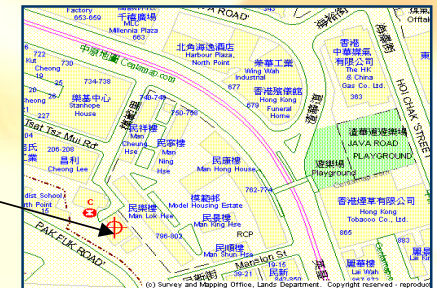
Registration

Please fill the application form & submit to HKSC with crossed cheque payable to "Hong Kong Satir Center for Human Development Limited" on or before 17 Feb 2010. In case of withdrawal during 18 Feb to 26 Feb 2010, 10% of the course fee paid would be deducted in the refund. In case of withdrawal after 26 Feb 2010, no refund would be arranged. No refund of membership fee for any withdrawal. The Center reserves the right to cancel the workshop in case of particular conditions.

Deadline of Registration: 17 Feb 2010

Workshop Venue:

The Hong Kong Federation of Youth Groups Building 香港青年協會大廈



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